

THE UNIVERSITY OF TEXAS AT TYLER 2023-2024

PATRIOT PULSE

THE HEART OF CAMPUS

INSIDE:

Best Tyler Coffee Shops to Study @

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A TALON STUDENT MEDIA PUBLICATION

Welcome Patriots.

THIS MAGAZINE
IS FOR **YOU!**

FROM THE EDITOR

During my first week at UT Tyler I felt completely lost. I had taken two years away from college. My first semester was in the spring instead of in the fall, and I made the bone-headed mistake of not going to my transfer student orientation. Then I picked up a magazine called Patriot Pulse. It was exactly what I needed to get a foothold here on campus.

When I became Editor-In-Chief, my first priority was making sure Patriot Pulse would continue to be the resource for students that it was for me my first semester.

Whether you're a freshman, transfer student or returning student, the Talon Student Media staff hopes the Patriot Pulse magazine will give you some insight about UT Tyler. This annual publication gives you a sneak peak inside what is happening at or around campus.

NATHAN WITT
NATHAN WITT
EDITOR-IN-CHIEF

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5 EVENTS YOU DON'T WANT TO MISS



**DON'T MISS OUT!
RSVP RIGHT NOW!**

1 Homecoming

Homecoming is a full week packed with things to do. There's free food, competitions, a golf cart parade, a guest speaker, a formal dance, the highly-competitive Mr. & Miss UT Tyler contest, and they always find a way to squeeze something funny in there, like last year's "Goat Yoga." The only way to know the whole schedule is by keeping an eye on the UT Tyler website.

2 Destress Fest

Finals can be stressful. Don't panic, you're not in it alone. The Office of the Dean of Students hosts a wellness event every Wednesday of the school year, but on the last Wednesday before finals, they take over the entire campus for a giant event. The sprawling event from last year included free BBQ, live music, a bounce house, a petting zoo, free massages, community resource booths, TheraPets, and yard games.

3 Chili Cook-Off

Few things are more Texan than a good ol' fashioned chili cook-off. UT Tyler hosts a legendary annual competition. This battle of the bean is usually paired with live music. The chili cook-off is a fun way to spend an afternoon with your friends and decide among yourselves who the real winner is.



4 Midnight Breakfast

The Student Government Association hosts a breakfast for dinner at the end of every semester. As the name suggests, the event goes from 10 p.m. to midnight. It's free and always includes additional entertainment and activities like karaoke, free swag and yard games. Midnight Breakfast is one of the biggest events on campus every year.

5 Trunk or Treat

Trunk or Treat is just as fun for the students as it is for the kids. Greek Life partners with East Texas Crisis Center for Halloween and takes over multiple campus parking lots to offer a safe alternative to door-to-door knocking. Everyone decorates their cars and dresses up in costumes. The event isn't limited to Greek Life. Any group, club or organization can sign up and share their carload of treats.

"BALLING ON A BUDGET" MEALS

3 TASTY RECIPES FOR COLLEGE STUDENTS



**Apple
"donuts"**

This is free game. Apple donuts are a perfect snack to break out when you have a date over. It's cheap, too easy to mess up, and yet it still feels kind of classy. The recipe, or "rizz-ipe", is simple. There are a million ways to customize it, too.

Needs:

Knife, apple coring tool (optional)

Ingredients:

Apple, peanut butter, strawberries (optional), chocolate chips (optional)

If you have access to one, remove the core of the apple with an apple coring tool. Otherwise, start by cutting the apple horizontally into ¼-inch slices. You can then cut the core out of each slice. With the knife, spread peanut butter on top of each slice. Sliced fruit like strawberries, or sweets like chocolate chips, can be added too.

Another idea for this recipe is a pot-luck. Get together with your friends and have each person bring a different collection of toppings. Then go buffet-style on your ingredients.



**Ramen +
egg in a cup**

Instant noodles are the iconic college meal because they're so cost-effective. This recipe is an easy way to spice up that basic ramen pack and make it a little better for you.

Needs:

Coffee cup, bowl, microwave

Ingredients:

Instant noodles, 2 eggs, cheese, ham, milk (optional), spices (optional)

Crack two eggs in a coffee cup and stir until combined. You can add milk at this point to make the eggs fluffier. Put the mixture in the microwave for 60 seconds, then pull it out and stir. Now add your cheese and ham. Put the mixture back in the microwave for 30 more seconds, pull it out, and stir. If you don't have scrambled eggs at this point, continue to microwave for 30-second intervals until satisfied. Place your scrambled eggs in a bowl and wash out the coffee cup. Fill it with water and place it in the microwave until the water boils. Pour that water into your cup of instant noodles, and let them sit for 5 minutes. Finally, strain the remaining water, and put the noodles in the bowl with your eggs. Feel free to add any spices to increase the flavor.



**Biscuit
Flatbread
Pizza**

This is a recipe for you to try out with the crew. Find someone with a toaster, get everyone to bring a different ingredient, and have a DIY biscuit pizza buffet night.

Needs:

Microwave, microwave-safe plate, toaster, spoon, rolling pin (optional)

Ingredients:

Canned biscuits, pizza sauce, cheese, additional pizza toppings (optional)

If you have access to one, use a rolling pin to flatten the biscuit. Otherwise, use clean hands to stretch out the dough in a long and flat shape. Try to keep the thickness even across the entire biscuit. Place the stretched dough on the outer part of a microwave-safe plate. The center of the microwave does not cook at the same rate as the outside. Use the "Defrost" option on your microwave, and let it run through the entire time. Your biscuit should feel firm, similar to pizza crust. Put the biscuit flatbread in a toaster and toast until both sides are golden brown. Use a spoon to spread pizza sauce across the flatbread. Add cheese and any desired toppings. Put the biscuit flatbread pizza on a microwave safe plate, and put it back in the microwave for 30 to 60 seconds.

SOFTWARE

TO HELP YOU STUDY



Everyone has a different learning style. If you have a hard time learning from reading, consider checking if your reading assignment or textbook has an audio version. Audible is the largest provider of audiobooks.



Quizlet allows you to create digital flashcards yourself or view digital flashcards made by others studying the same subject. With 60 million users, odds are someone has made flashcards for the class you need.



Some textbooks and research materials are filled with wordy and technical sentences that can be hard to understand. Quillbot is an AI-powered paraphrasing tool. If you come across content that you can't seem to make sense of, try pasting it into Quillbot.



Course Hero is like a library of study material. Similar to Quizlet, they have catalogs of resources from students and professors on practically every subject. Search Course Hero for study guides, practice problems, class notes, videos and step-by-step explanations.

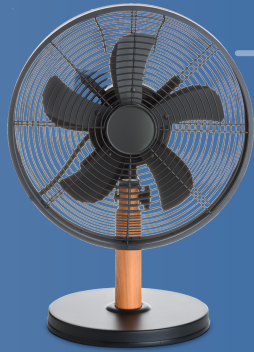


ChatGPT is an AI-powered language model, not a search engine. It's possible for it to misrepresent information, so always fact-check anything it says. However, it can be a good start if you are looking for a compilation of information.



Most smartphones have a similar feature. Your notes app is able to assist your note-taking in multiple ways. The microphone feature allows you to record lectures and transcribes them into editable notes. The camera feature allows you to take pictures of any text or written word and add them as editable text in your notes.

7 ESSENTIALS FOR LIVING ON-CAMPUS

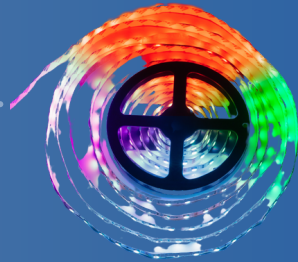


Small Fan

Just trust us. A small fan has a million uses for on-campus living. It can direct air towards your bed on hot Texas nights, air-out smelly bathrooms, or send away the smell of burnt food in the kitchen.

LED Lights

You're going to want to decorate your space. LED lights are an easy and non-destructive way to add some personality.



Full Length Mirror

Don't neglect the fit check. A full length mirror is a quick way to see what you look like before you start your day, and it's way easier than standing on your bathroom counter.

Planner

Whether it's a daily or weekly planner, having something to keep you organized is a must.



Bed Risers

Storage space is hard to come by. Bed risers give you a little extra room under your bed to store things. We suggest you pair them with storage tubs or trays.

Headphones

Headphones are perfect when you need your own space, or to help you focus and study when your roommates are being loud.



Cleaning Supplies

You're on your own now, which means cleaning is your job. We suggest you get supplies specifically for each room in the space: bathroom, bedroom, kitchen, etc.



TYLER INNOVATION PIPELINE

The Innovation Pipeline is a place and a network. It's the intersection of ideas and the resources to bring them to life!

Do you want to start a business?

Launch a podcast?

Develop an app?

Create a feature film?

With a makerspace, film studio, sound lab, a woodshop and more, the Innovation Pipeline is one-of-a-kind... just like you.

Stop by for a tour and get your membership today!



FIRST MONTH FREE
WITH CODE

"UTTIP"

MEET THE GREEKS

WHY "GO GREEK"?

Joining a fraternity or sorority at The University of Texas at Tyler is a great opportunity to get involved on campus, enhance your college education and hone your personal skills through leadership, scholarship and service. "Going Greek" is a great way to form lifelong friendships.

Zeta Tau Alpha

We value sisterhood, philanthropy, and leadership. Our chapter holds Big Man on Campus, one of the biggest campus events. Our chapter also likes to interact with different members throughout all of Greek life. Zeta Tau Alpha is your home away from home and our sisterhood will always be forever.

Delta Sigma Theta Sorority, Inc.

Our focus is Sisterhood, Scholarship, Service and Social Action. We are a sisterhood of women who encourage, support, and have fun together. As the first black sorority to serve within the NPHC and the only NPHC sorority at UT Tyler, we are proud to continue the work of our Founders and be members of our illustrious organization.

Delta Alpha Sigma Multicultural Sorority Inc.

We are the sole multicultural Greek organization on campus. Affectionately known as the P.I.N.K. Ladies, (P - philanthropic, I - individual, N - notable, K - kindred), D.A.S. takes immense pride in its diversity and unwavering commitment to empowering women and nonbinary individuals from all walks of life.

Delta Gamma

"Do Good." It's more than just a motto; it's a way of life. Delta Gamma is a sisterhood built on a commitment to making the world better not only through service, but also a deep appreciation for each individual.

Alpha Chi Omega

The Alpha Chi Omega Fraternity is devoted to enriching the lives of members through lifetime opportunities of friendship, leadership, learning and service. The National Housing Corporation promotes, supports and develops appropriate, desirable and safe facilities to enhance the Alpha Chi Omega experience.

FarmHouse

We strive to build men up to be the best they can be in life and in their community. We do this by prioritizing faith, academics, and community outreach. For fun and building up brotherhood with our members, we enjoy fishing, grilling with friends, and target shooting.

Alpha Tau Omega

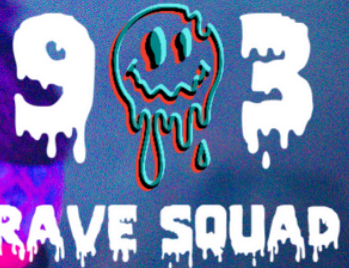
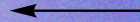
As America's #1 leadership development fraternity, we strive to take good men and turn them into great ones. Our involvement and service across campus is a pinnacle of our organization. We believe that scholarship and brotherhood are the main goals of our fraternity. Love and Respect!

Kappa Sigma

We are one of the largest fraternities across the nation. We allow you to be yourself and join a group of diversity. Kappa Sigma is not just a fraternity, it is a brotherhood. By joining Kappa Sigma, you will become a part of something more. Our values are as follows: Leadership, Scholarship, Fellowship and Service.



I.Y.K.Y.K.



903 RAVE SQUAD IS A COLLECTIVE OF LIKE-MINDED INDIVIDUALS BRINGING PLUR TO THE ETX COMMUNITY

ADVENTURE IS CALLING. PICK UP.



COFFEE WITH DR. CALHOUN

Every college student should know the president of their university. In case you don't get the opportunity to sit down for coffee talk with Dr. Calhoun, here's how ours went:

How long have you been the UT Tyler president?

This is my third year at UT Tyler. I am the fifth president.

Is this your first presidency?

No, I was president of the UT Health Science Center at Tyler for 18 years.

Are you an academic or medical doctor?

I am a physician.

What is your medical specialty?

Nephrology is my specialty. I had a successful private practice before I followed my other passion and moved to academic medicine.

Tell us about your family.

I met my lovely wife, Jeanette, at a medical conference. She holds a PhD in higher education administration, so she's also known as 'Dr. Calhoun.' We have two adult children. Our son is in business, and our daughter followed me into medicine. Jeanette and I are also very proud first-time grandparents to a little girl.

Are you from East Texas?

I grew up on the south side of Chicago.

What is a favorite TV show or movie?

'The Godfather.' Everything you need to know in life is in the Godfather movie series.

What are you reading or watching right now?

I am re-reading 'Good to Great' by Jim Collins. It's all about how you improve your organization.

What is your favorite meal?

There is nothing like a perfect steak.

What are three things that govern your daily activities?

- Be kind. We are all dealing with something, so lead with kindness.
- Stay focused. Life is full of ups and downs, but you can achieve your goals if you stay focused and remain tenacious.
- Have fun. Enjoy your life, even through the difficult times.

WHAT YOUR STUDY SPOT MEANS ABOUT YOU



It's like astrology but for school...



Library

You're a bookworm. You actually don't mind studying. You like to take your notes on paper because it helps you learn it better. You tend to get along well with your professors. You always carry everybody in group projects.

Outside

Your setting really matters to you. You put effort into being a structured student. You like to take detailed, colorful, artsy notes. You enjoy studying in groups or by yourself.



The One-Stop

You're here for one reason, get the diploma and get out. You're probably a lone wolf. You're a guilty procrastinator, but you always somehow get everything you need done at the last second. You have your headphones on right now.

University Center (UC)

You're a socialite. Let's be honest, you're not really getting much studying done. Your favorite quote is, "C's get degrees." You have Golden Retriever energy, and you look forward to when people you know stop and chat for a bit.



At Home

You're a homebody. Your friends haven't seen you in a week. Getting ready to study is a ritual for you. You pull all-nighters to stay on top of your schoolwork.

Coffee Shop

Campus is too distracting, but home is too lonely. Taking notes is more of a spectrum for you. Sometimes you just take a picture of the board instead of writing it down. You're caffeinated right now.



9 STUDENT ORGS TO CHECK OUT IMMEDIATELY

Whether you've got one semester left or eight, as long as you're a student this is your home. Don't wait to find your place. UT Systems identified "belonging" as one of three most important factors in student success. Sign up for any of these organizations or search for even more on the Patriots Engage website.



National Society of Leadership & Success

"Building Leaders Who Make a Better World." The NSLS is an organization that helps people discover and achieve their goals. The NSLS offers life-changing lectures from the nation's leading presenters and a community where like-minded, success-oriented individuals help one another succeed.



Studio Art and Art History Association

SAAHA is a community-based organization that works to ensure solidarity in the UT Tyler art department and develop professional skills of artists and art historians alike. SAAHA aims to provide opportunities to expand students' art beyond the art department's borders. SAAHA allows a professional environment for Studio Practices and Art Historians who wish to hone their work and CV while at UT Tyler.



Social Work Club

The Social Work Club at UT Tyler is a place to make a difference—and to have fun doing it. Whether it's raising donations for a holiday food drive, holding a bake sale, or participating in a club picnic, the students in the Social Work Club truly work to make a difference in the lives of individuals and families living in East Texas.



Talon Student Media

"We are the Voice of The Student Body." Our goal is to inform, entertain, educate and heighten awareness of students, faculty, and administrators at UT Tyler. We made this magazine. TSM encourages and provides an avenue for the free flow of student expressions and opinions.



Student Government Association

Comprised of all students enrolled at UT Tyler, SGA assists the university in identifying -- and communicating to the university community -- the interests, programs and goals of the majority of students. The association also assists in providing students with programs to meet their needs. The student body elects SGA officers and representatives annually.



Creative Writing Club

Whether you are an experienced writer, or someone who wants to get into writing, there is a place for you in our club. At our meetings, we play writing games and listen to podcasts that help to enhance your skills, plus so many more fun activities that will help you with writing for class and creatively!



UT Tyler Esports

UT Tyler Esports welcomes all gamers of any skill level. Housing UT Tyler's gaming community as well as its varsity level esports teams. This program has a place for everyone whether that be in its award winning esports teams, ECMT, recreational esports teams, gameHERs social chapter, events team, or content team. Visit the Esports Lab in SCOB rm 158 to learn more.



UT Tyler Women's Network

Women with diverse experiences will share their unique career trajectories, successes, and challenges. We will hear stories about overcoming obstacles, attaining higher positions, seeking work-life balance, and overcoming the impact of social and media stereotypes.



Student Veterans of America

To utilize the University student organization network to provide student veterans and their families with the advocacy and resources to support their successful transition into and through the University of Texas at Tyler.

8 ADVENTURES ON CAMPUS

1 Meadows Gallery

Admire the nationally known art exhibits on campus that cycle regularly.

2 Patriot Zone (PZ)

Play pool, video games, or ping pong right across from the Chick-fil-A.

3 Campus Pool

Swim or relax in the pool during the warm months. Open during HPC hours.

4 Cowan Center

Watch student plays, recitals, and musical performances for free.

- Jazz and Big Band Standards
- The UT TYLER Radio Podcast
- Hourly News Updates
- Public Affairs Programs
- Severe Weather Coverage
- Opportunities for Students



Learn more at
KVUT.org

UT TYLER Radio

99.7
KVUT

A community
service of
The College of
Arts & Sciences
at
The University
of Texas
at Tyler

5 Fishing

Catch and release in one of UT Tyler's two ponds on campus: Harvey Lake.

6 Disc Golf

Play 18 holes through the wooded trails that circle campus.

7 Kayak/Paddle Board

Email the HPC to rent a kayak or stand-up paddle board for \$5 as a student.

8 Patriots Engage

Scout open events on Patriots Engage and get plugged in with a new group.



NEED SOMETHING TO DO?
CHECK PATRIOTS ENGAGE!

WEIRD & DIFFERENT



Weird and Different is a Tyler-based brand that celebrates individuality and promotes confidence through authentic self-love. Reclaim the titles they put on you. Be weird and different.

BRING THIS AD TO OUR STORE TO GET

**15%
OFF
HOODIES**



Broadway Square Mall
4601 S Broadway Ave, Tyler, TX 75703

MEET THE CAREER SUCCESS OFFICE

The Office of Career Success provides guidance, support and resources to students and alumni as they navigate the career development process. Each college has its own Career Success Coach dedicated to preparing you to launch into the working world. Enjoy opportunities like career assessments, career exploration, job search strategies, resume writing and mock interviews.



College of Education & Psychology

Pam Rodriguez

Hometown
Dallas, TX

Education
University of North Texas

Fun Fact
I enjoy making different flavors of the custard, FLAN.

Students Should Know
I like what I do for a living.



Soules College of Business

Bryan Knous

Hometown
Van, Tx

Education
UT Tyler, class of Fall '21

Fun Fact
I regularly volunteer at Tyler Civic Theatre

Students Should Know
My number one goal for every student appointment: the student leaves feeling more confident and capable than when they arrived.



**School of Nursing /
School of Health Professions**

Nyree Brockman

Hometown
Huntington Beach, CA

Education
California State University

Fun Fact
I love to travel and have been to about
65 European cities.

Students Should Know
That I have a passion for students and
their success.



**College of Arts and Sciences /
Fisch College of Pharmacy**

Dawn Dearion

Hometown
Kilgore, TX

Education
University of North Texas

Fun Fact
I am currently also a student at UT Tyler.

Students Should Know
I love helping students realize their passion
and helping them reach their goals.

**SCHEDULE AN APPOINTMENT
WITH YOUR CAREER SUCCESS
COACH TODAY ON HANDSHAKE!**



MEN'S

Cross Country

SFA Lumberjack Invitational
September 2

Texas A&M Invitational
September 16

DBU Old Glory Gallop
October 7

Lone Star Conference
Championship
October 21

NCAA South Central Region
Championship
November 4

Golf

Ryan Palmer Foundation
Invitational
October 2 & 3

The Hrncair
October 16 & 17

DBU Men's Classic
October 23 & 24

Soccer

St. Mary's
7PM August 30

CSU Pueblo
1PM September 2

Jarvis Christian
7PM September 9

Ouachita Baptist
7PM September 14

Harding
1PM September 16

Texas A&M International
5PM September 27

Texas A&M International
7PM October 4

St. Edward's
5PM October 7

Midwestern State
7PM October 11

Lubbock Christian
3:30PM October 14

Oklahoma Christian
5PM October 18

West Texas A&M
7PM October 21

St. Mary's
5PM October 25

DBU
7PM October 28

Eastern New Mexico
7PM November 1

Lone Star Conference
Tournament
November 7 - 12



FALL S
CALEN

WOMEN'S

Cross Country

SFA Lumberjack Invitational
September 2

Texas A&M Invitational
September 16

DBU Old Glory Gallop
October 7

Lone Star Conference
Championship
October 21

NCAA South Central Region
Championship
November 4

Golf

DBU Classic
September 17 - 19

West Texas A&M Fall Invitational
October 2 & 3

Battle for the Belt
October 8 & 9

Southwest Airlines HPU Shark
Shootout
October 23 & 24

Southwest Airlines Dennis Rose
Intercollegiate Invitational
October 27 & 28

Volleyball

UT Tyler Tournament
1:30PM & 6:30PM September 1

Colorado Premier Tournament
11AM & 3PM September 8

DBU
3PM September 14

Texas A&M International
3PM September 15

West Texas A&M
3PM September 16

Cameron
6PM September 22

West Texas A&M
2PM September 23

Eastern New Mexico
7PM September 29

Lubbock Christian
2PM September 30

DBU
6PM October 4

Western New Mexico
2PM October 7

Texas A&M International
6PM October 13

Texas A&M - Kingsville
2PM October 14

Texas Woman's
6PM October 20

Midwestern State
2PM October 21

Oklahoma Christian
6PM October 25

UAFS
6PM November 1

St. Edward's
2PM November 3

Lone Star Conference
Championship
November 16 - 18

Soccer

Jarvis Christian College
5PM September 4

Rogers State
5PM September 7

East Central
1PM September 9

Ouachita Baptist
4PM September 14

Texas A&M International
3PM September 15

Harding
11AM September 16

St. Mary's
5PM September 20

Eastern New Mexico
1PM September 23

DBU
7PM September 27

UT Permian Basin
11AM September 30

Texas A&M International
5PM October 4

Oklahoma Christian
1PM October 7

West Texas A&M
1PM October 14

Lubbock Christian
1PM October 21

Texas Woman's
7PM October 25

Angelo State
1PM October 28

St. Edward's
4PM October 31

Midwestern State
1PM November 3

Lone Star Conference
Championship
November 7 - 12

SPORTS
NDAR



THE JOURNEY OF THE SOFTBALL TEAM

HIGHLIGHTING HARD WORK, SUCCESS, AND LEGACY BUILDING

By Brynna Williamson

As a Division III team, the Patriots keep winning almost everything they compete in. Their unbroken streak of crazy awesome wins has paved the way for the team to compete in the College World Series twice.

The score when they played in 2021 ranks under the softball team's "fewest wins" – but at an astounding record of 31-7. Their transition to a Division II team in 2022 continued their winning streak, and in May of 2023, the UT Tyler athletic department website states, "The wins [earlier in 2023] extended a Division II best 31-game winning streak for the program, and began the postseason march for the Patriots in exciting fashion." They later built that up to more than 35 straight wins. By the end of the 2023 season, the Patriots had played 68 games and won 62 of them.

NCAA Division II National Semifinalists; NCAA World Series; South Central Super Regional Champions; South Central Regional I Champions; Lone Star Conference Postseason Tournament; Lone Star Conference Regular Season Champions

Also according to the website, between their Division II and III levels, the softball team has “made 12 appearances in an NCAA National Championship Tournament.” Eight of these 12 trips allowed them to advance to the NCAA World Series.

Are you proud of them? Do you want to be part of this community or part of UT Tyler’s sports legacy? Come to games! They’re free for ALL UT Tyler students with a UT Tyler student ID, they involve a large fanbase, and sometimes they even feature free giveaways or food. Going to a game is a great way to support the players and to spend a fun evening among friends. And don’t worry: UT’s team won’t let you down. They’ve worked hard, they’ve played hard, and they’re not going to quit now. “We’re not done yet, so we’re still going to get back to work and finish what we started,” Shortstop Courtney Plocheck told KETK.

2023 Record
62-6

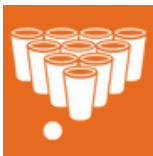
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Photography Courtesy of
Lang White

THE FALL OF INTRAMURALS

Intramural leagues are sports played only within the campus, but that doesn't make them any less competitive. Here is the schedule for the fall semester.



Giant Pong

Registration:
Till Oct 11
Season:
Oct 16 - Oct 19



3-On-3 Basketball

Registration:
Men's- Till Aug 27 | Women's- Till Aug 24
Season:
Men's and Women's- Aug 28 - Sep 7



Dodgeball

Registration:
Till Aug 31
Season:
Oct 23 - Oct 26



Flag Football

Registration:
Co-Rec, Men's, Women's- Till Sep 14
Season:
Co-Rec, Men's, Women's- Sep 4 - Oct 12



Spikeball

Registration:
Till Oct 5
Season:
Oct 9 - Oct 19



Tennis

Registration:
Doubles, Men's Singles, Women's Singles- Till Oct 5
Season:
Doubles, Men's Singles, Women's Singles- Oct 9 - Oct 12



No Limit Poker

Registration:
Aug 8 - Aug 22
Season:
Aug 22



Softball League

Registration:
Co-Rec, Men's, Women's- Till Sep 21
Season:
Co-Rec, Men's, Women's- Sep 8 - Oct 18



Cornhole

Registration:
Sep 12 - Oct 11
Season:
Oct 23 - Oct 26



Volleyball

Registration:
Co-Rec, Men's, Women's- Sep 12 - Oct 25
Season:
Co-Rec, Men's, Women's- Oct 30 - Nov 16



Indoor Soccer

Registration:
Co-Rec, Men's, Women's- Sep 12- Oct 26
Season:
Co-Rec, Men's, Women's- Oct 23 - Nov 16



Zombie Run

Registration:
Sep 12 - Oct 27
Season:
Oct 27 - Nov 3



Table Tennis

Registration:
Singles, Women's Singles- Sep 12 - Nov 1
Season:
Singles, Women's Singles- Nov 6 - Nov 16



Jingle Jog

Registration:
Sep 12 - Dec 5
Season:
Dec 5

WHAT IS ESPORTS?

By Michael Bald

Students are leaning toward the monitors, laser focused. Their fingers move like striking snakes on their keyboards. Though they are in a small, tightly knit room, they still shout at each other like people in the New York Stock Exchange. It's all fun and games, though. This is just regular bantering among the players of the eSports team at the University of Texas at Tyler.

"A lot of people don't think of Tyler, Texas, as having a lot of gaming talent," said Ashley Daniel, the eSports Club director. The other side of the program is the eSports Collegiate Management Team. 'They are amazing. We wouldn't be able to run without them,' Daniel said. "So, with our ECMT, we have directors for each game, like 'Valorant,' 'Overwatch,' all that good stuff. And they help run pretty much every facet of the program, which I think is just amazing because I know in traditional sports a lot of growth and development happens there, but in eSports, there's a greater opportunity for personal growth because of the hands-on nature of it."

As for Daniel, she wants people to tell everyone here about eSports, if they're passionate about it. "Tell everyone you know how much you love eSports," Daniel said. "Tell your faculty. Tell the president. Tell your dean of your building. Tell anyone. Get the word out that you want to see eSports here."



IF YOU LOVE ESPORTS AND WANT TO GET INVOLVED, JOIN THEIR DISCORD AND GET TO KNOW THE COMMUNITY!

TOP 10 MUSIC VENUES IN TYLER

By Nathan Witt

Music, like all art forms, is subjective. For this list, we prioritized a unique environment, consistency of shows, and relative popularity.

This Top 10 list is brought to you by the Tyler Set List Podcast: the number one place for all things Tyler music scene. To stay up to date with shows and events in the area, follow us on Instagram @Tyler_Set_List

THE TYLER SET LIST

PODCAST



THE GREEN ROOM

Owner Dave created The Green Room out of a love for alternative, left-field, underground music. Occasionally there will be a vendor or two and of course, bands will set up their merch table when they can, but there aren't many bells and whistles to The Green Room. With consistent monthly shows, the venue's strength is its dedicated fan base of music lovers who show up to get lost in the music. For all misfits, headbangers, and wallflowers, The Green Room is a place you can call home.

STUDIO 60

Studio 60 has everything you want from a hole-in-the-wall underground basement show. Studio 60 specializes in the unique. Events feel more random and sporadic than others on this list. However, the space is unrivaled in curating a culture for each event. From art galleries and comedy shows to lo-fi open-mic nights, Studio 60 never fails to provide a unique experience.



Photography Courtesy of Jonathan Garcia

THE OIL PALACE

The Oil Palace is the "big venue" in Tyler with a max attendance of 700. This year they've seemed to corner the market in Latinx performances but provide a colorful variety of acts and shows. If you're looking for the stadium feel with popcorn and a massive speaker system, The Oil Palace is the place to get it.

BT STUDIOS

Part music venue, part recording studio, part photography studio, part event space for rent, BT's is like a Swiss army knife. Think Robb Dyrdek's Fantasy Factory but for rap music. Almost every name in the underground Tyler rap scene has spent time at BT Studios. It's hard to be too descriptive because the space is ever-evolving. While the space is still relatively new, I expect to see the venue climb its way up this list over the next few years.

TEXAS MUSIC CITY GRILL

Our first primarily country spot on the list, TMCG is a restaurant first -- but only barely. The environment feels like a restaurant built around a venue. A lot of thought was put into creating a full experience, including the cultivation of artists they bring to perform. Another big strength of TMCG is their consistency and predictability.

LIBERTY HALL

Liberty Hall is a local legend and pillar in the Tyler community. The authentic theatre-style seating and layout gives a classic feel. Liberty might be higher on the list if they offered music performances more often. However, if you are looking for a variety of events, this venue is unmatched in Tyler. Liberty Hall has shows, plays, musicals, comedy and occasionally public speakers.

SLICK SLABS

The youngest venue on the list, Slick Slabs earns its spot mostly thanks to the uniqueness of their shows' experience. Auto shop by day and concert hall by night, where else can you stand around a beautiful classic car, listen to live music, shop for vintage clothing, admire art displays, or play bar games, all at the same place?

COWAN CENTER

This wouldn't be a UT Tyler venue list without including the famous R. Don Cowan Fine and Performing Arts Center. It's the only spot on the list that hosts orchestras, symphonic bands, and Broadway musicals. It doesn't feature any style of music you might find at other locations. UT Tyler students are entitled to free tickets at the Cowan Center for some events. Check out their website to find out which ones.

FRESH

If you're not already familiar with it, FRESH is a grocery store that's taking on the role of a community center. They host all sorts of community events, one of those being live performances. Their shows are very low-key, outdoor, and sometimes acoustic sets. If you're looking for an intimate back porch feel, FRESH has consistent shows.

THE FOUNDRY

The best way to describe The Foundry's music selection is, appropriately, "music to drink coffee to." On top of music, they also have an art gallery that changes from time to time. The most unique feature of The Foundry is that it has both an indoor and outdoor stage for performances all year.



Starting September 21st

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- Beat battles
- Open mic nights
- Fashion shows
- Short film showings
- Poetry readings
- And more!



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UNDERSTANDING YOUR LIMITS

A public service announcement about alcohol consumption

We can have a grown-up conversation. Countless studies have found at least 50% of full-time college students report drinking alcohol regularly, and that's only the students who admit to it. At Talon Student Media, we support and promote a sober lifestyle. However, if you are going to drink, you need to know your limits.

Alcohol, and especially alcohol misuse, has a lot of associated consequences. According to the National Institute on Alcohol Abuse and Alcoholism (NIAAA), college students who regularly binge drink were roughly six times more likely to perform poorly on a test or project than students who drank but never binged. Excessive and unsafe drinking can cause impaired judgment, exaggerated behavior, poor body muscle control, and difficulty speaking. Know your limits. These symptoms could make you an ideal victim of a robbery or a predator.

Being drunk behind the wheel is a serious offense that could result in up to 1 year in jail, a \$6,000 fine, court costs, a driver's license suspension, and a permanent criminal conviction: and that's if no one gets hurt. Drunk driving not only risks your own life and well-being but also that of anyone on the road or in the car with you. Don't make a mistake. Know your limits.

Men

Body / # of Weight / Drinks

	100	120	140	160	180	200	220	240
0	.00	.00	.00	.00	.00	.00	.00	.00
1	.04	.03	.03	.02	.02	.02	.02	.02
2	.08	.06	.05	.05	.04	.04	.03	.03
3	.11	.09	.08	.07	.06	.06	.05	.05
4	.15	.12	.11	.09	.08	.08	.07	.06
5	.19	.16	.13	.12	.11	.09	.09	.08
6	.23	.19	.16	.14	.13	.11	.10	.09
7	.26	.22	.19	.16	.15	.13	.12	.11
8	.30	.25	.21	.19	.17	.15	.14	.13
9	.34	.28	.24	.21	.19	.17	.15	.14
10	.38	.31	.27	.23	.21	.19	.17	.16

Women

Body / # of Weight / Drinks

	90	100	120	140	160	180	200	220	240
0	.00	.00	.00	.00	.00	.00	.00	.00	.00
1	.05	.05	.04	.03	.03	.03	.02	.02	.02
2	.10	.09	.08	.07	.06	.05	.05	.04	.04
3	.15	.14	.11	.10	.09	.08	.07	.06	.06
4	.20	.18	.15	.13	.11	.10	.09	.08	.08
5	.25	.23	.19	.16	.14	.13	.11	.10	.09
6	.30	.27	.23	.19	.17	.15	.14	.12	.11
7	.35	.32	.27	.23	.20	.18	.16	.14	.13
8	.40	.36	.30	.26	.23	.20	.18	.17	.15
9	.45	.41	.34	.29	.26	.23	.20	.19	.17
10	.51	.45	.38	.32	.28	.25	.23	.21	.19

Only safe driving limit

Impairment begins

Driving skills significantly affected

Possible criminal penalties

Legally intoxicated

Criminal penalties

Possible death

Subtract .01% for each 40 minutes of drinking.

One drink is 1.25 oz. of 80-proof liquor, 12 oz. of beer, or 5 oz. of table wine.



Jonathan Garcia

I am a portrait photographer who caters to indie/alternative styles. I really enjoy shooting colorful palettes and moody tones in my photography. I've worked with influencers, fashion models, and artists. I'm also very experienced in senior photography work and concert/event photography.

📷 @amomentsglance

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TOP 5 DATE SPOTS IN TYLER

By Brynna Williamson

It's Friday night. You've turned in all your homework, and you want to spend some time with that special person in your life.

All photos courtesy of the Visit Tyler website

Javi's (7212 Old Jacksonville Hwy., Tyler)

This exquisite restaurant located in a newer district of Tyler is known for its amazing Mexican food and drinks. Beautiful, romantic and on the waterfront, it's hard to beat this iconic double-decker restaurant! You can choose to sit outside by the small lake or, on those East Texas days where the weather is unpredictable, you can book a more temperature-regulated nook inside. Be aware, the experience doesn't come without its dollar signs here!

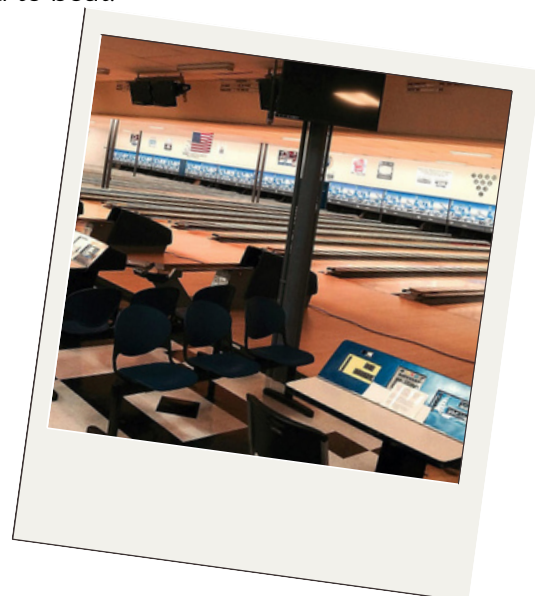


New York Pizza and Pasta (1621 S. Broadway Ave., Tyler)

On the lower side of the price scale, New York Pizza and Pasta is a great choice for anyone trying to save away a few bucks. This adorable Italian restaurant in the heart of Tyler features a huge variety of menu options, from ginormous slices of fair-sized pizza to calamari, chicken wings or salad. It's quiet, the food is delicious, and when you can get a slice of pizza and six buttery, warm garlic rolls for under six bucks, it's hard to beat!

Green Acres Bowling (2311 E SE Loop 323, Tyler)

Ok, so you know that awkward moment on a first date where you've already run out of all your small talk and now you're just staring at the table and waiting for the food to come? Green Acres Bowling gets rid of that moment. Open from 10 a.m. until midnight (see their website for specific hours), Green Acres Bowling is the perfect first date. It's loud enough to prohibit unnecessary and awkward conversation, but quiet enough to talk if it's desired. It doesn't require athletic skill, but you're moving around enough to keep your mind on something other than nerves!





The Village at Cumberland Park (8926 S. Broadway Ave., Tyler)

It may seem like just a shopping mall during the day, but in the evening, the lighting becomes just right for "The Cumberland Mall" to become a quiet and romantic venue for walking, talking or just chilling out. If you're wanting to sit and talk, there are benches scattered throughout the area, or a playground in the middle provides a nice change of scenery. Although most stores are closed by 9 p.m., you can always window shop or enjoy the evening by the pergola and beautiful fountain toward the front. The mall also features a dine-in movie theater, multiple restaurants and a frozen yogurt place.

The East Texas State Fair (2112 W. Front St., Tyler)

It's loud. It's expensive. It has greasy food. And... it's perfect. Tyler locals annually look forward to the arrival of the East Texas State Fair, which in 2023 will be open from Sept. 22 until Oct. 1. Going on a date or even just on a friendly outing to the East Texas State Fair is like a scene in an iconic movie (do we hear *Grease?*), with its crowds of friendly people, tons of games, and variety of rides. The fair is a great place to get to know someone - after all, you're both out of your element! - and in the evening it becomes a very romantic place to win prizes or enjoy the wind on your face under the lights.



Rose City Comedy located in Downtown Tyler presents standup comedy shows every Weekend featuring some of the best comedians in Texas.

This comedy club also harbors local talent at their Monday night open mic as well as their monthly ETX Regular's Show, which features all local comedians

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ROSE CITY COMEDY

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@FOUNDRYCOFFEEHOUSE

The Foundry has a reputation as the "college spot." It has plenty of space and hosts a mini art gallery that's perfect for study breaks.



@LIKEWISECOFFEEETX

Likewise takes the coffee cake for "most Instagram-able" spot. It also offers a meeting room perfect for group projects.

BEST TYLER COFFEE SHOPS TO STUDY @



@CAFE1948

1948 Coffee is a perfect place to impress your study date. It's the "boujie" spot on this list and is ideal for people who appreciate the finer things in life.



@CREMA_COFFEECO

Crema is the "zen" coffee shop on this list. If studying is stressful for you, consider seeing if Crema will help you relax.

Like snowflakes, no two coffee shops are the same. This list has nothing to do with taste.

Our picks are based on the vibe of the space and its "study-ability" in no particular order.

All photos courtesy of the business' website



@BRADYSCOFFEE

Brady's is an earthy place for earthy people. Surround yourself with art and find inspiration in the personality.

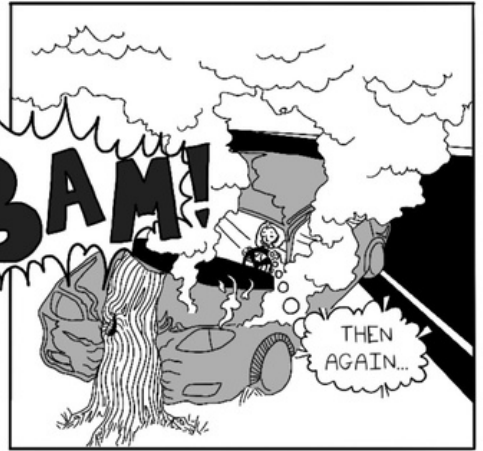


"THE CLOSEST STARBUCKS"

Sometimes you don't need original/local, you just need coffee ASAP. The Starbucks on 1817 E SE Loop 323 is the closest to campus.

"Snollygoster"

By Kai Kirkham



HI, WE'RE THE PEOPLE
WHO **MAKE**
THINGS.

PEOPLE KNOW US AS

**"THE VOICE OF THE
STUDENT BODY,"**



OR
YOU CAN
JUST CALL US

THE TALON